

Peaks Mountaineering Club

Meets List

Sunday Walks Summer 2021

Chairperson: Rebecca Dromey 086-3360195 Secretary: Martha Beardmore 087-9107201

Meets Secretary: Fiona Hegarty 087-2918648

www.peaksmcclonmel.ie

All these early morning walks are graded at a 2 star level i.e.

Distance (Approx)	Height (Approx)	Duration (Approx)	Pace
** 8-11Kms	Up to 700m	4-5Hrs	Easy/ Moderate

Please Note:

- The description of the grade of walk is a **guideline** and may vary depending on weather, terrain and fitness of the group.
- The maximum number on each walk will be **15** to include the leader. **Pre-booking is required**, and can be done by texting the leader anytime up to 12 noon the day before.
- All walkers are advised to be **properly equipped** for their walk. Please carry a face covering, gloves and hand sanitizer in your rucksack for use, if required.
- **PLEASE NOTE** - Start time 9am from Eldons

Date	Range	Time	GRADE	Leader	Phone	Assistant Leader	Phone
Sunday July 4th	Comeraghs	9am	**	Rebecca Dromey	086- 3360195	Nora Phelan	086- 8231318
Sunday July 11th	Galtees	9am	**	Paul Carroll	087- 0644560	Nuala O'Connell	086- 8357290
Sunday July 18th	KMD	9am	**	Will Smyth	086- 2570949	Margo Kelly	087 2541397
Sunday July 25th	Comeraghs	9am	**	Fiona Hegarty	087 2918648	Nora O'Donovan	086-8303998
Sunday August 8th	Galtees	9am	**	Tom O'Dwyer	087 2330935	Denis Cahalane	086- 7999326
Sunday August 15th	KMD	9am	**	Jimmy Trehy	086 8384001	Martha Beardmore	087- 9107201
Sunday August 22nd	Comeraghs	9am	**	Kevin Bowen	085 8627077	Eoin Kelleher	086- 8415137
Sunday August 29th	Galtees	9am	**	Josie O'Brien	087 6751332	Miriam Joyce	087 2025962

Please Note: If a leader is unavailable to lead or assist, they must make suitable arrangements for someone to take their place and to allow walkers to book their place on the walk in time.