

PEAKS MOUNTAINEERING CLUB

"KNOCKMEALDOWN CROSSING"

March 21st 2015

NO.

ENTRY FORM FOR "A" WALK - ENTRY FEE €20.00

NAME: _____

ADDRESS: _____

HOME NO: _____ MOBILE NO: _____

CLUB: _____ email: _____

COLOUR OF CLOTHING: _____

CAR REG NO: _____ Where did you hear about the walk? _____

DISCLAIMER: I agree that the organisers of this walk shall not be held liable either individually or collectively for any loss of property or personal injury incurred by my participation in the walk or events connected with it.
I have read the rules and accept the conditions of entry.

SIGNATURE: _____ DATE: _____

HOT MEAL PROVIDED, PLEASE TICK IF YOU ARE VEGETARIAN

CONDITIONS OF ENTRY: All participants must:

1. Be over 18 years of age
2. Be in fit physical condition
3. Have good hill walking experience
4. Have suitable clothing and footwear (boots)
5. Carry sufficient rations for the duration of the walk
6. Carry the official control card for the duration of the walk
7. Carry OS Map 74, compass, whistle, torch and basic first-aid kit, in their party

RULES OF THE WALK:

- A. Stewards may disqualify participants who are unfit, in their opinion, to complete the walk
- B. Walkers may only leave the walk at an official checkpoint having first informed the stewards and returned their control card
- C. Checkpoints WILL close at the time stated on the control card. Walkers arriving at a checkpoint after this time will be asked to leave the official walk.
- D. In the event of an accident, stewards at the nearest checkpoint should be informed as soon as possible.
- E. Participants are asked to respect the mountain environment by not leaving litter, etc., and avoiding damage to fences. Please use stiles where available.
- F. It is ESSENTIAL that all participants check in at the Community Hall Ballyporeen at the finish of the walk. If you fail to do this, you may be responsible for a MOUNTAIN RESCUE CALLOUT!!!